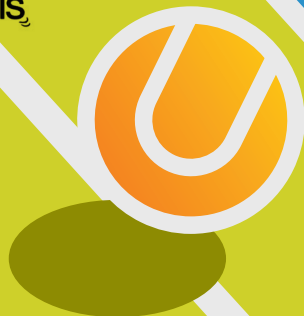


Spring into Tennis!



Get your skills into shape and enjoy tennis with your kids!

During April* and May only, in addition to existing pay-to-play Cardio Tennis, parents of mini/junior members are invited to access Adult beginner coaching sessions for only £5 per session.

New to tennis coaching is on Mondays from 7pm - 8pm
Beginner coaching is on Thursdays from 7pm - 8pm

At the start of summer, should you choose to upgrade to our senior membership we will deduct the cost of any coaching you have attended.

* Please Note - Coaching will not be run during school holidays

- **Benefits of upgrading to senior membership include:**
- **Access the extensive free coaching sessions all year round**
- **Cardio sessions are FREE**
- **Enjoy playing tennis with your kids on court**
- **Enjoy playing tennis with other adults**

If you attend two or more sessions per week, you save money by upgrading your membership!

Contact Mark 07779 332150 or Craig 07841 333723
coach@giffnock-ltc.co.uk