

Junior Club

Sessions delivered by James Singh

Saturday

FREE

11.15am - 12.00pm Junior Club Coaching

12.00pm - 1.00pm East Ren Active Schools

2.30pm - 3.15pm P4 Mini-Member Coaching

3.15pm - 4.00pm P3 Mini-Member Coaching

Sessions delivered by James Singh

Sunday

FREE

11.00am - 12.00pm Invitational Matchplay

12.00pm - 1.00pm Invitational Matchplay



Squash Coaching

Back to School

Programme

2018

Junior Squads

Sessions delivered by James Singh

Monday

5.00pm - 6.00pm Under 11 Squad

6.00pm - 6.45pm Girls Squad

Sessions delivered by James Singh

Wednesday

4.30pm - 5.15pm Talent Squad

5.15pm - 6.00pm Development Squad

6.00pm - 6.45pm Improver Squad

Sessions delivered by Stuart George

Friday

4.30pm - 5.45pm U15 Performance

5.45pm - 7.15pm U13 Performance

Adult Club

Sessions delivered by James Singh

Sunday

FREE

6.45pm - 7.30pm Adult Club Coaching

7.30pm - 8.30pm Adult Club Night

Notes

Junior Squads, Performance Squads and Match Play are all by invitation only. Please speak to James or Stuart to discuss access to specific sessions. Junior Squads are charged at £1 per hour and Performance Squads are charged at £4 per hour, both on a block-basis.

For further details contact:

James Singh on **07446 212977** or

Stuart George on **07910 830822**.